



In previous newsletters we have expressed our gratitude to Dalgety Agriculture Ltd., for duplicating the Soulbury Newsletter, but we would like to point out that there is a need for some further financial assistance to maintain materials and also to cover the cost of reproduction on the occasional month when Dalgety's are unable to help. At present the Women's Fellowship who are responsible for editing the newsletter are also financing it. Any member of the Fellowship would be pleased to accept a small donation if readers would like to give something.

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FLORENCE NIGHTINGALE HOSPICE

Liz Miller will be holding a "Bake In" on Saturday 27th October from 10.30 a.m. until 3.00 p.m. when she will be baking bread and would like to invite everyone in the village to come and join in making it and buying it, or to bring home made cakes or buy one. Also on sale will be Florence Nightingale Hospice Christmas Cards.

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ENVIRONMENT GROUP

The Environment Group will be holding a meeting at Lovett House on Friday 5th October 1990 at 8.15 p.m. Discussions will centre around the next season's tree planting plans, and also the problem of litter around the village.

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YOUTH CLUB

The Soulbury Youth Club has resumed after their summer break, and has a winter programme of games, crafts, music, outings, sports and lots more activities planned. Most Monday evenings from 7.00 p.m. - 9.00 p.m. they will meet in the Clubroom. If you are around 9 yrs - 14 yrs old and interested you will be made most welcome.

For more information some of the leaders are as follows :-

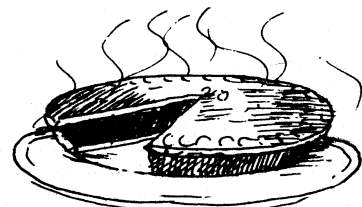
- Bob and Margaret Harris - Tele: 0525-376492
- Dave Miller - Tele: Soulbury 545
- Kathryn Owen - Tele: Soulbury 492

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HALLOWEEN PUMPKINS



There are usually plenty of pumpkins about at this time, as the children like them for making lanterns for the night of the 31st. Rather than throwing away the flesh that is cut out when making that ghastly face, why not turn it into a delicious pie. (You may have to end up buying two pumpkins if the discards are not enough.) Pumpkins will keep for ages if left on a dry shelf or window sill so if you have a glut from the garden you could even make this for Christmas. The recipe is for an 8" pie dish already lined with shortcrust pastry :-



FILLING : 12 oz mashed cooked pumpkin (you need approx 1½ lb. raw pumpkin for 12 oz cooked : stew gently in a very little water until tender - about 15 minutes, strain thoroughly and mash.)
 4 oz soft brown sugar. 1 tablespoon thick honey. Grated rind and juice of ½ lemon and ½ orange. 2 eggs (well beaten). Pinch salt. 1 teaspoon ground cinnamon. ½ teaspoon ground ginger. ¼ teaspoon ground nutmeg. ¼ pint creamy milk. 1 oz chopped walnuts. 1 oz halved walnuts.

Mix sugar, honey, fruit juices and spices together. Beat together eggs, milk and pumpkin, and add this to the sugar mixture with the grated rinds and chopped walnuts. Pour the mixture into the pastry case. Place the pie on a baking sheet and bake for 55-60 minutes at Gas 5, 375°F or until a knife inserted comes out clean. Decorate the warm pie with the halved walnuts, and serve hot or cold with lots of whipped cream.

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BABYSITTER REQUIRED - Please ring Soulbury 576.
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METHODIST CHURCH Minister: Rev. M. Appleby, The Manse, Stewkley
 Tele: Leighton Buzzard 240251

Sunday 7th October 10.30 a.m. Mr. E. Barnett - Family Service
 Sunday 14th October 6.00 p.m. Mr. T. Wales
 Sunday 21st October 6.00 p.m. Mr. K. Prentice
 Sunday 28th October 6.00 p.m. Rev. M. Appleby
Sunday Club : 10.30 a.m. every Sunday except first Sunday in month.
Youth Fellowship : Every Sunday after 6.00 p.m. service except first Sunday in month.
Mother & Toddler Group : 10.30 a.m. every Tuesday.

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ALL SAINTS CHURCH Minister: Rev. P. Dallaway, The Vicarage,
 Stewkley. Tele: Leighton Buzzard 240287

Please refer to Church Newsletter.

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FORTHCOMING EVENTS (All meetings in the Clubroom unless otherwise stated)

Monday	1st October	8.00 p.m.	Parish Council Meeting
"	"	7.00 p.m.	Youth Club Badminton at Woughton Sports Centre
Wednesday	3rd October	8.00 p.m.	Keep Fit
Friday	5th October	8.15 p.m.	Environment Group Meeting at Lovett House.
Monday	8th October	7.00 p.m.	Youth Club
Tuesday	9th October	8.00 p.m.	Women's Institute
Wednesday	10th October	2.30 p.m.	Social Circle
"	"	8.00 p.m.	Keep Fit
Monday	15th October	7.00 p.m.	Youth Club
Wednesday	17th October	7.45 p.m.	Women's Fellowship at Lovett House home of Mrs. Liz Miller. Talk and demonstration on Bread Making.
Monday	22nd October	7.00 p.m.	Youth Club Cinema Visit to the Point
Wednesday	24th October	8.00 p.m.	Keep Fit
Saturday	27th October	10.30 a.m. - 3.00 p.m.	Hospice Fund Raiser at Lovett House
Monday	29th October	7.00 p.m.	Youth Club

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Any items for the next issue of the Newsletter should be submitted by Monday 22nd October to any of the following :-

Mrs. L. Miller - Soulbury 545 : Mrs. M. Bunyan - Soulbury 461
 Mrs. P. Norman - Soulbury 483 : Mrs. R. Maher - Soulbury 316